

# Not all gamblers are created equal: Which gamble to play depends on the personality trait

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# Who prefer gambling?





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- Individuals gamble in different ways, and these variations can be related to their dispositional traits or personality
  - five-factor personality (Costa and McCrae 1992; Zuckerman et.al., 1993)
  - pathological gamblers scored higher on Neuroticism (Bagby et al. 2007; Myrseth et al. 2009), lower on Conscientiousness (Bagby et al. 2007; Myrseth et al. 2009) and Extraversion, Openness, Agreeableness (Myrseth et al. 2009) than non-pathological gamblers



# Why they prefer gambling?

- Some personality characteristics are important factors in the etiology of PG (MacLaren et al., 2011)
  - Meta-analysis has also found that Impulsivity and aggression traits are most likely related with pathological gambling (MacLaren et al., 2011)
  - Impulsivity predicts increased gambling behavior (Clarke, 2004;
    Vitaro, Arseneault, & Tremblay, 1999), may be an important factor in the developmental process of the disorder (Blaszczynski & Nower, 2002)
  - Sensation seeking related to gambling behavior (Cyders & Smith, 2008), although have inconsistent results (e.g., Voon et al., 2007; Coventry & Constable, 1999)
  - Gambling behavior were positively associated with neuroticism (Taormina, 2009), however, study of slot machine gamblers found no such effect (Carroll & Huxley 1994)



# Which gamble to play?



#### Domain-specific gambling

- Some forms of gambling are more addictive than others
  - PG is most strongly associated with bingo, lottery, racetrack, and sports betting (National Research Council, 1999)
- Individual prefer different gambling type
  - men were more likely to prefer strategic forms of gambling (e.g. animal race, sports, cards and craps/dice games) and in contrast, women were more likely to prefer more nonstrategic gambling (e.g. slot machines, lottery) (Grant et al., 2012)
  - individuals do not consistently decide to bet or not to bet across a variety of gambling types (Li, et al., 2010), and their perceived control (i.e., belief in luck and belief in skill) in gambling behavior also varies (Zhou, et al., 2012)



# Are all gamblers created equal?

- From the domain-specific perspective, we speculate that individuals exhibit personal preferences according to different types of gambling.
- More specifically, what they choose depends on their personality differences
- However, very little investigation has been made of the relationship between personality traits and type of gambling preference



#### Domain-specificity and latent class analysis

- latent class analysis (LCA)
  - aim to explores whether an observed sample is composed of subgroups (latent classes)(Hagenaars & McCutcheon, 2002; Silvia, Kaufman, & Pretz, 2009)
  - are more useful for domain-specificity than
    correlational approaches (factor analysis) (Silvia et al., 2009)
  - latent classes are exclusive, unordered, and nominal: people belong to only one group, and the groups differ qualitatively



# The present study

- We hypothesize that individuals exhibit personal preferences in different types of gambling
- We also explores the latent classes of risk preference in different types of gambling and the effects of personality trait on these classes using LCA



# Method

#### Method

- Participants
  - were 743 adult residents of Macau
  - recruited by going door to door
  - entry criteria
    - at least 18 years old
    - possessing the ability to read
    - having casino gambling experience
  - received a small gift for participation



#### Questionnaire

- Intention to gamble
  - 13 types of popular games in Macau
    - Fantan, Baccarat, Greyhound racing, Cussec, Football lottery, Paikao, Horse racing, Blackjack, Roulette, Chinese lottery, Mahjong, Stud poker, and Slot machines
  - Sample item
    - "How likely would you be betting your daily income on each game?" (1=not at all, 5=very much)



#### Questionnaire

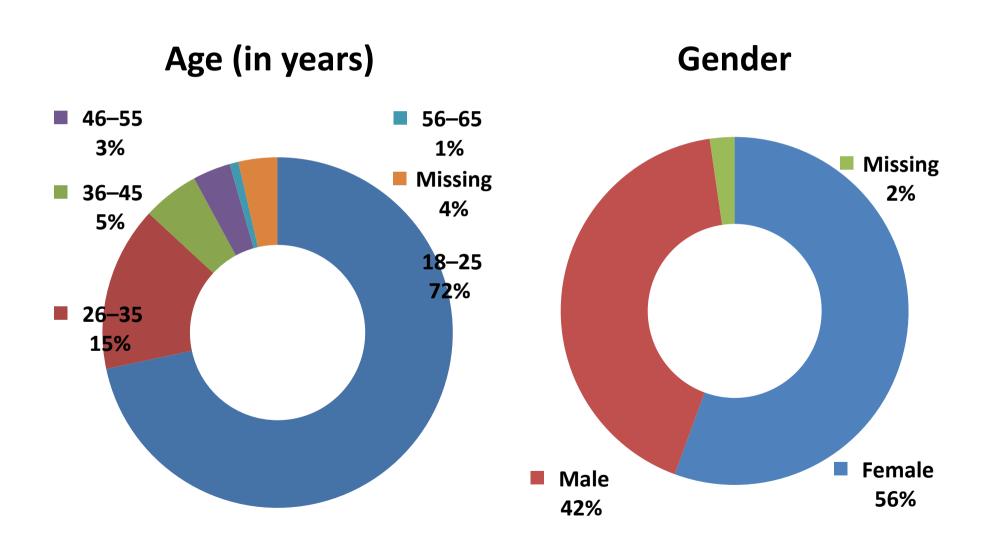
#### Personality scale

- Chinese version of ZKPQ II (Zuckerman, Kuhlman, Joireman, & Kraft, 1993, Wu et al., 2000)
- selected 3 subscales
  - impulsive sensation seeking (ImpSS), Imp, 8 items, SS,
    11 items
  - neuroticism-anxiety (N-Anx), 19 items
  - aggression-hostility (Agg-Host), 17 items
- Reliability ( $\alpha$ )
  - Whole scale,  $\alpha$ = .96; Imp ,  $\alpha$ = .78; SS,  $\alpha$ =.87; N-Anx,  $\alpha$ = .91; Agg-Host,  $\alpha$ =.87

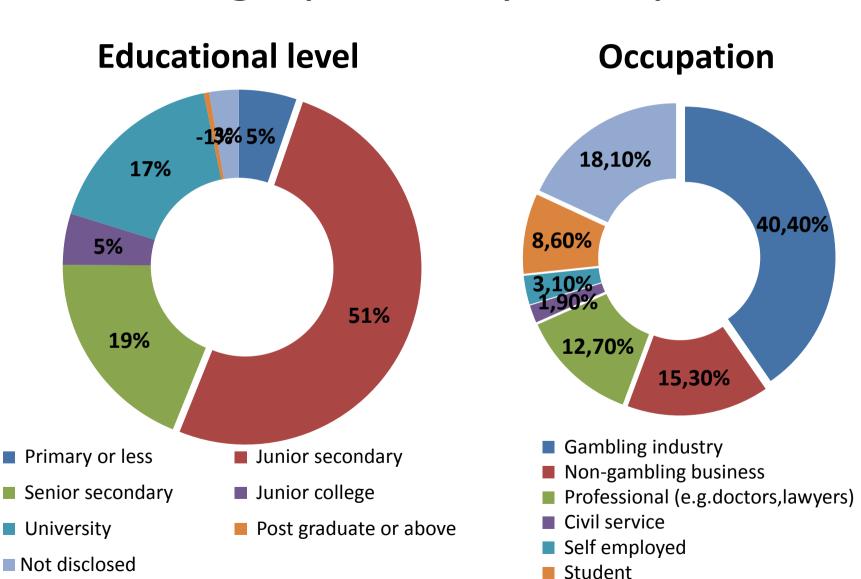


#### **Results**

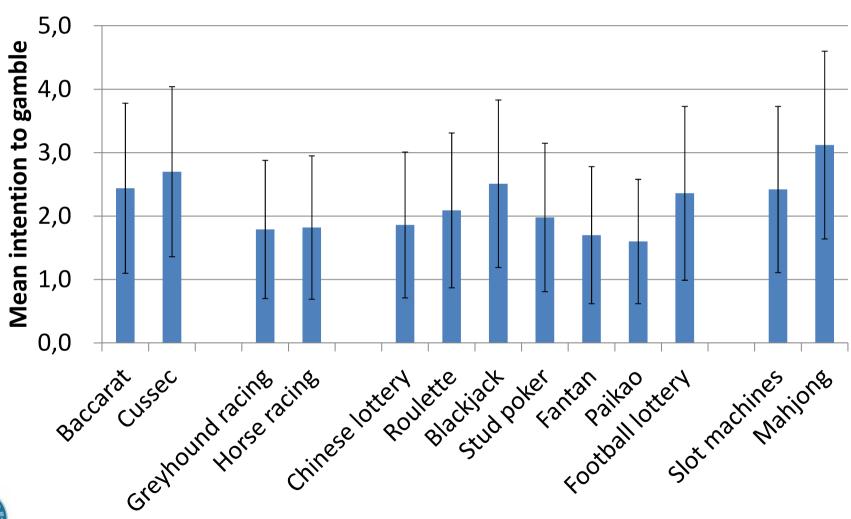
# Demographics of participants



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# Intention to gambling ( $M \pm SD$ )

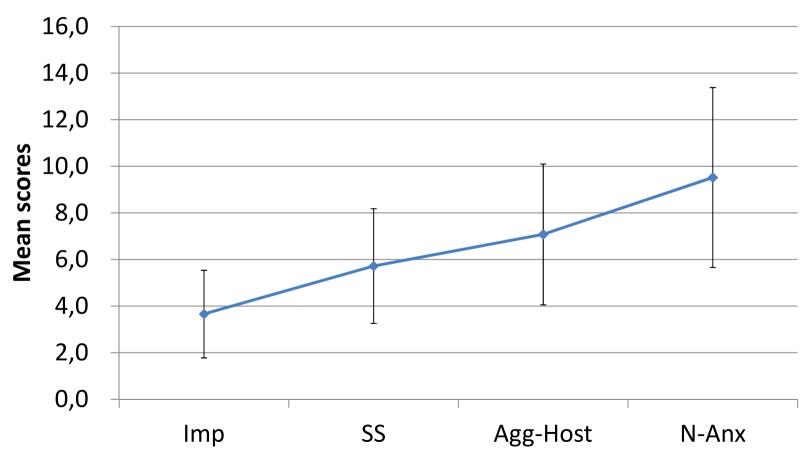




# LCA parameters of loading value

Loadings	Random gambling	Competitive gambling	Technical gambling	Entertainmen t gambling	$R^2$
Baccarat	-0.69*1	0.37	-0.47	0.29	0.72
Cussec	-0.48*1	0.13	-0.49	0.59	0.64
Greyhound racing	0.05	-0.63*2	-0.33	0.33	0.78
Horse racing	0.08	-0.61*2	-0.42	0.46	0.83
Chinese lottery	0.29	-0.41	-0.73*3	0.32	0.65
Roulette	-0.12	-0.10	-0.63*3	0.48	0.54
Blackjack	-0.32	0.11	-0.62* <sup>3</sup>	0.66	0.64
Stud poker	-0.07	-0.18	-0.62*3	0.37	0.53
Fantan	-0.10	-0.25	-0.51*3	0.23	0.61
Paikao	0.03	-0.39	-0.49*3	0.22	0.67
Football lottery	-0.21	-0.19	-0.43*3	0.38	0.43
Slot machines	-0.03	-0.21	-0.54	$0.60^{*4}$	0.45
Mahjong	-0.10	0.00	-0.45	0.43*4	0.23

#### Scores on personality traits ( $M \pm SD$ )





# Correlations between gambling classes and personality traits

	Random gambling	Competitive gambling	Technical gambling	Entertainment gambling
Imp	0.04	0.08*	0.10*	0.06
Ss	0.06	0.06	0.09*	0.06
Agg-Host	0.10**	0.17***	0.18***	0.08*
N-Anx	-0.01	0.07†	0.04	0.04



*Note:* † *p*=.05, \**p*<.05, \*\**p*<.01, \*\*\**p*<.001

# **Discussion**

#### In brief

- Using LCA, this study obtains better evidence to support domain specificity
  - Individuals exhibit personal preferences in choosing the type of gambling they wish to engage in
- More importantly, we find that the chosen type depends on one's personality traits



# Profile: personality and gambling type

	Random	Competitive	Technical	Entertainment
Aggression				
Impulsivity				
Sensation- seeking				
Neuroticism				

# In particular

- Sensation-seeking
  - technical gambling provide varied, novel, complex, and intense sensations and experiences
- Neuroticism
  - competitive gambling may be correlated with some special emotion arousal or release
- Impulsivity
  - not a generally validating factor in diagnosing pathological gambling
- Aggression
  - most likely related with gambling behavior



#### Implications for gambling prevention

- Personality traits can reduce the ability of gambler to resist engaging in gambling as a reaction to unpleasant events or dysphoric states (MacLaren et al., 2011)
  - reducing anxiety is a better way to discourage them from competitive gambling
  - decreasing their novel, complex, intense sensations and increasing plan-before-action experiences can effectively dissuade them from competitive and technical gambling



#### Limitations

- The sample in this study is a non-randomized sample of convenience, caution should still be exercised in generalizing our findings to a broader population
- Participants could have presented inaccurate reports of their gambling intentions



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# Thanks for your attention!

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